



PSHE (including Relationships and Sex Education) Policy

January 2023

Contents

[Statement of Intent](#)

[Rationale and Ethos](#)

[Legal Framework](#)

[Roles and Responsibilities](#)

[Curriculum Design](#)

[Safe and Effective Practice](#)

[Safeguarding](#)

[Visitors](#)

[Consultation with Parents](#)

Statement of intent

PSHE provides learners with the opportunity to think critically about personal, local and global topics that impact them and the wider world. Learners will be able to think critically in order to be able to understand how to be a good citizen, live a healthy lifestyle to embed a culture of lifelong aspirations and goals.

Our PSHE offer is bespoke, broad, balanced and tailored to the needs of the pupils at Layton Primary School, as per section 78 of the Education Act 2002 which states that a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

Signed by:

_____ Headteacher Date: _____

_____ Chair of governors Date: _____

1. Rationale and Ethos

This policy covers our schools' approach to the Personal, Social, Health and Economic Education (PSHE) curriculum, including the statutory aspect of Relationship and Health Education (RHE). Throughout this policy PSHE will include the statutory aspects of RHE.

At Layton Primary School, we will also include some aspects of Sex Education, that are over and above the statutory requirements of the Science National curriculum, as recommended by the DfE, PSHE Association and approved by our governing body (allowing parents/carers the right to withdraw).

PSHE is valued as a way to support children's personal, social and emotional development. We believe that it will provide children with the opportunity to develop a sense of self, to empower them with a voice and to fully equip them for future life and learning.

Relationship education is important for our pupils as it provides knowledge and skills to help them to be safe, healthy and happy as they grow up and in their future lives.

Our PSHE curriculum is designed in such a way that it is:

- Age appropriate (in regards to age and stage of development)
- Is inclusive and meets the needs to all our pupils, including those with SEND
- Is sensitive and responsive to the needs, age, cultural and religious views of our pupils and their family backgrounds.

Schools also have a specific responsibilities in law, in relation to equality and protects characteristics. The PSHE curriculum at Layton Primary School seeks to foster these equalities and challenge all forms of discrimination and bullying, whilst being respectful of pupils' and parents' views.

2. Legal Framework

This policy has due regard to legislation and statutory guidance including, but not limited to, the following:

- Section 78 of the Education Act 2002

- Section 80A of the Education Act 2002
- Children and Social Work Act 2017
- Keeping Children Safe in Education
- SEND code of practice: 0 to 25 Years
- Promoting Fundamental British Values as part of SMSC in schools (guidance for maintained schools on promoting basic important British values as part of pupils' spiritual, moral, social and cultural education (SNSC))
- The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019
- Equality Act 2010
- DfE (2020) Relationships, Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance
- DfE (2013) 'Science programmes of study: key stages 1 and 2'

This policy operates in conjunction with the following school policies:

- Safeguarding Policy
- Behaviour Policy
- SEND Policy
- Online Safety Policy

3. Roles and responsibilities

The PSHE curriculum is led by the governing team attached to the Foundation curriculum, a member of the Senior Leadership Team and the PSHE Lead. PSHE will be taught by the class teachers and supported by learning support assistants (where possible).

3.1 The governing team are responsible for:

- Ensuring the curriculum is well led and effectively managed
- Ensuring teaching is delivered in a way that is inclusive and meets the needs of all children, including those with SEND

3.2 The headteacher is responsible for:

- The overall implementation of this policy

- Reviewing requests from parents to withdraw their children from subjects
- Discussing requests for withdrawal with parents
- Reporting to the governing team on the effectiveness of this policy

3.3 The PSHE Subject Lead is responsible for:

- Overseeing the delivery of PSHE
- Ensuring staff are suitably trained to deliver the content of the curriculum
- Ensuring planning is age appropriate, inclusive to all, robust and shows a clear progression of knowledge and skills
- Ensuring teaching are provided with adequate resources to support the teaching of PSHE
- Ensure the school meets its statutory requirements in relation to the RHE and RSE curriculum
- Monitoring and evaluating the effectiveness of PSHE and providing reports to the governing and Senior Leadership team.

3.4 All teachers are responsible for:

- Delivering a high-quality, robust, inclusive and age appropriate curriculum inline with statutory requirements
- Using assessment for learning and resources to provide a challenging curriculum that meets the needs of all pupils
- Ensuring they do not express personal views or beliefs when delivering the curriculum
- Modelling positive attitudes to PSHE
- Responding to any safeguarding concerns in line with our Safeguarding Policy
- Working with PSHE Subject Lead to evaluate the quality of provision

4. Curriculum Design

Our PSHE curriculum includes the statutory aspect of Relationships and Health education as an integral part of it. At Layton Primary School, we will include wider

aspects of sex education as recommended by the DfE, PSHE Association and approved by our governing team (allowing parents the right to withdraw).

The curriculum sets out learning opportunities for each year group, with clear progression of knowledge and skills in five core categories:

- Positive Relationships
- Health and Wellbeing
- Safety
- Rights and Responsibilities
- Valuing Difference

The curriculum follows a thematic model focusing on a critical question each half term. This model comprises:

- A whole school curriculum overview
- Long term plan for the year across all year groups
- Mid-term plans per half term in each year group
- Links to resources (including PSHE Association resources, resources carrying the Association's Quality Mark and any other appropriate resources that support delivery.)

We know that our curriculum covers all statutory requirements of the DfE's 'Relationships Education, RSE and Health education' guidance. Our curriculum allows different year groups to work on similar themes, whilst building a spiral progression year or year.

The Whole School Curriculum (including long term plans) and year group mid term overviews are available on the school website.

5. Safe and effective practice

At Layton Primary School, we will ensure a safe and secure learning environment by creating class rules for PSHE lessons, recommended methods for responding to questions and distancing techniques are included in the Whole School Curriculum overview document. Distancing techniques are important to encourage a more open discussion whilst giving protection the feelings of both pupils and teachers.

Class teacher will provide children the opportunity to ask questions anonymously, for example using a worry box. Class teacher will ensure they answer all appropriate question during the following PSHE lesson.

6. Safeguarding

Teachers are aware that effective PSHE may lead to a disclosure of a child protection issue. As per the Safeguarding policy, any concerns will be logged on Safeguard and the DSL or Family Engagement team will be consulted.

7. Visitors

It is encourage to offer children a range of enrichment experiences. External visitors that relate to PSHE is a good way to do this. Visitors/external agencies which support the deliver of PSHE will be required to:

- Liaise in advance with the PSHE lead and class teacher to ensure content and mode of delivery sits within our policy guidelines.
- Provide satisfactory DBS evidence.
- Where a visitor doesn't not have DBS, this does not automatically preclude them, they would be accompanied by a member of staff at all times.

11. Consultation with parents

Parents will be informed about the policy through Parentsapp and the school website. We are committed to working with parents and carers by engaging them in the consultation process.

We will work closely with parents to ensure that they are fully aware of the content that is being delivered during PSHE lessons. We will notify parents when Relationship and Sex education will be taught above the statutory requirements of the Science Programme of study: key stage 1 and 2. At this point, parents have the right to withdraw children from RSE lessons.

If a parent/carer wishes to withdraw their child from the wider aspect of RSE, which are recommended by the DfE, we will arrange a meeting to discuss which aspects are to be withdrawn. School will respond sensitively to the reasons provided by the parent and offer support where requested by parents who would like to address these wider aspects themselves.

In the first instance, any concerns parents have over the content of the curriculum should be discussed with the class teacher however, the PSHE Subject Leader will support discussion when needed.

11.1. The headteacher will grant a parent's request to withdraw their child from sex education, other than the content that must be taught as part of the science curriculum.

11.2. The parent will be informed in writing of the headteacher's decision.

11.3. Where a pupil is withdrawn from sex education, the headteacher will ensure that the pupil receives appropriate alternative education.

Policy Written: January 2023

Policy written by: Lucy Fidler

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